



ARTISTIC GYMNASTICS SPORT GUIDE

2026 YOUTH OLYMPIC GAMES

Dakar Expo Centre (DEX)

7th - 11th November 2026

[@jojdakar2026](http://www.dakar2026.org)

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CONTENTS

WELCOME TO DAKAR 2026.....	3
INTRODUCTION.....	4
1. KEY DATES	5
2. KEY PERSONNEL.....	5
3. ARRIVALS.....	6
3.1. Insurance	6
3.2. Airport Flow.....	6
3.3. Accreditation.....	6
4. AT YOUTH OLYMPIC VILLAGE	7
4.1. Food & Beverages.....	7
4.2. Technical Meeting	7
4.3. Draw.....	7
4.4. Fitness Centre.....	8
4.5. Sport Information Centre (SIC).....	8
5. COMPETITION VENUE AND FACILITIES.....	9
5.1. Venue.....	9
5.2. Athlete flow.....	10
5.3. Facilities	10
5.3.1. Training Area.....	10
5.3.2. Changing Rooms.....	10
5.3.3. Warm-up.....	10
5.3.4. Medical Areas and Services	11
5.3.5. Athletes Lounge:	11
5.3.6. Food & Beverages.....	11
5.3.7. Sport Information Desk.....	11
6. TRAINING AND PODIUM TRAINING.....	12



6.1. Training	12
6.2. Podium Training.....	13
6.3. Journeys.....	13
7. COMPETITION	14
7.1. Transferrable Access Cards (TACs)	14
7.2. New Elements, Request to Change Apparatus Measurements, Vault Number	14
7.3. Women Floor Exercise Music	15
7.4. Warm-up Procedures	16
7.4.1. Warm-up Hall Access Rules	16
7.4.2. All-Around Final Reserve Allocation.....	16
7.5. Preparation of Apparatus	17
Men Provisions.....	17
Women Provisions.....	17
7.6. Competition Format.....	18
7.6.1. “Touch” Warm-up.....	18
7.6.2. Qualifications	19
7.6.3. Team Final	19
7.6.4. All-Around Final.....	20
7.6.5. Mixed Team Final.....	20
7.7. Tie break Rules	21
7.7.1. Qualifications for the Team Final and Team Final.....	21
7.7.2. Qualifications for the All-Around Final and All-Around Final.....	21
7.7.3. Qualifications for the Mixed Team Final	22
7.7.4. Mixed Team Final	22
7.8. Competition Schedule.....	22
7.9. Competition Procedure.....	24
7.9.1. Warm-up.....	24
7.9.2. Athlete Entrance.....	24
7.9.3. Exit from FOP/ Mixed Zone	24
7.9.4. Victory Ceremony	24
8. REGULATIONS, UNIFORMS AND EQUIPMENT	25



8.1. Competition Rules and Regulations.....	25
8.2. Inquiries and Revision Requests	25
8.2.1. Invalid Results Marks (IRM).....	26
8.3. Bibs	26
8.4. Uniforms.....	26
8.5. Competition Attire.....	26
8.6. Equipment	26
8.7. Safeguarding.....	26
9. DEPARTURE.....	27
9.1. Key Steps:.....	27
9.2. Transport Organisation	27
9.3. At the Airport.....	27
10. CONTACT	27
11. APPENDIX - LIST OF EQUIPMENT.....	28



WELCOME TO DAKAR 2026



In 2026, a new chapter in Olympic history will be written. African soil will welcome for the very first time an Olympic sports event.

Dakar 2026 is much more than a symbolic milestone: it is a meaningful moment for young people, for sports, and for a continent ready to welcome the world.

From October 31st to 13th November 2026, 2.700 young athletes will gather in Dakar, Diamniadio, and Saly to compete, connect, and grow together.

Through 25 sports and 153 medal events, the Games will highlight not only performance but also potential: potential of a new generation and a region, confidently asserting itself on the Olympic stage.

Dakar 2026 has been designed as a collaborative and forward-looking edition of the Youth Olympic Games. Grounded in innovation, sustainability, and inclusion, it will reflect the values of Friendship, Excellence, and Respect.

The Youth Olympic Games will also ensure full gender equality in participation and competition, setting a strong example for future generations.

Together with the International Federations, we have the opportunity to organize competitions of the highest calibre and to create an experience that will inspire athletes far beyond the playing field.

We look forward to building this historic edition with you.

ANNICK TAVERNIERS

SPORT DIRECTOR

DAKAR 2026 YOUTH OLYMPIC GAMES



INTRODUCTION

The Sport Guide is the primary reference document for athletes, team officials, and other delegation members participating in the 2026 Dakar Youth Olympic Games. Following a standardised structure, the Organising Committee has developed a Sport Guide for each sport on the competition programme to ensure clear and consistent information for all delegations.

This guide presents the sport-specific procedures and technical information required for participation. It includes key dates, technical meetings, information regarding competition and training venues and schedules, technical regulations such as competition formats and rules, as well as procedures to follow during events. Its goal is to help you quickly find the information you need and stay focused on what matters most: your performance.

Where necessary, the Sports Guide may include links to additional resources providing more detailed information. It is designed as a practical, easy-to-use document to assist delegations in their preparation for and participation in the Youth Olympic Games.

For detailed information on services provided to all delegations, including Athlete Services, please refer to the Chef de Mission Guide.

In the event of any discrepancy between the Sport Guide and the Chef de Mission Guide regarding Athlete Services information, the Chef de Mission Guide shall be considered the most up-to-date and authoritative reference.

Thank you for being part of the 2026 Dakar Youth Olympic Games, and we wish you a great competition.





1. KEY DATES

Note: This schedule is subject to change

ACTIVITY	DATE	HEURE	LIEU
Opening Ceremony	31 st October 2026	18:30 – 20:30	Abdoulaye Wade Stadium (SAW)
Technical meeting	4 th November 2026	19:00 – 20:00	Chef de Mission Hall
Training Days	4 th - 11 th November 2026	Earliest arrival: 08:00 Latest departure: 22:18 Varies each day by training schedule	The Ground (GRO)
Men Podium Training	5 th November 2026	10:00 – 12:30 13:00 – 15:30	DEX – Pavillon E
Women Podium Training	6 th November 2026	10:00 – 11:45 12:00 – 13:45 14:45 – 16:30	
Competition Days	7 th November 2026	10:00 – 12:30 Men Qualifications 14:00 – 16:30 Men Qualifications	DEX – Pavillon E
	8 th November 2026	10:00 – 11:45 Women Qualifications 12:00 – 13:45 Women Qualifications 15:15 – 17:00 Women Qualifications	
	9 th November 2026	10:30 – 12:50 Men Team Final 17:00 – 18:45 Women Team Final	
	10 th November 2026	11:30 – 14:00 Men All-Around Final 16:15 – 18:45 Women All-Around Final	
	11 th November 2026	17:00 – 19:05 Mixed Team Final	
Closing Ceremony	13 th November 2026	18:30 – 20:30	Village Plaza at the YOV

2. KEY PERSONNEL

The Key personnel are as follows:

ROLE	NAME
President	Morinari WATANABE
Men Technical Delegate	Andrew TOMBS
Women Technical Delegate	Donatella SACCHI
Sport Manager	Ndeye Khady KANE



3. ARRIVALS

3.1. Insurance

To ensure your safety during the event, the following insurance coverage is provided:

- Medical expenses and repatriation
- Personal accident insurance

Coverage period: 23rd October 2026 – 15th November 2026.

If you plan to arrive before 23rd October 2026 and leave after 15th November 2026, please inform the Organising Committee.

Contact: Assurances@dakar2026.org

3.2. Airport Flow

STAGE	DESCRIPTION
Entry Control	Dedicated immigration for participants / volunteer assistance.
Luggage & Customs	In case of missing luggage: "Lost & Found" declaration with assistance.
Welcome Desk	Information validation via the ADS platform.
Official Transport	Dakar 2026 shuttles

3.3. Accreditation

Upon arrival at the Youth Olympic Village, delegations must proceed to the Team Processing Centre (TPC) to collect their accreditation badges. Clear signage will be provided to guide access to the TPC.

In the event of a lost accreditation card, the athlete must report the loss immediately at the TPC in the Village to complete the necessary declaration and follow the replacement procedure.

If the loss occurs within 30 minutes prior to the start of a competition, the Venue Manager or the designated site representative will issue a temporary day pass to allow access to the competition area.



4. AT YOUTH OLYMPIC VILLAGE

4.1. Food & Beverage

Catering services will be centralised within the Youth Olympic Village.

Schedule:

SERVICE	OPENING HOURS	
Athletes' Dining Hall	Breakfast	05:00 – 11:00
	Lunch	11:00 – 16:00
	Snack	16:00 – 18:00
	Dinner	18:00 – 23:00
Late Night	00:00 – 03:00	

4.2. Technical Meeting

The technical meeting will take place at the YOY on 4th November 2026 from 19:00 to 20:00.

There will be approximately 100 participants.

In attendance will be members of World Gymnastics, two representatives from each NOC, and the Sport Manager.

4.3. Draw

DATE	TIME	ACTIVITY
06 th November 2026	13:30 – 18:30	Judges' Draw Men Qualifications
07 th November 2026	13:30 – 17:30	Judges' Draw Women Qualifications
09 th November 2026	09:00 – 10:00	Judges' Draw Men Team Final
	15:30 – 16:30	Judges' Draw Women Team Final
10 th November 2026	10:00 – 11:00	Judges' Draw Men All-Around Final
	14:45 – 15:45	Judges' Draw Women All-Around Final
11 th November 2026	15:00 – 15:45	Men Judges' Draw Mixed Team Final
	15:45 – 16:30	Women Judges' Draw Mixed Team Final

*These meetings will take place at CICAD, directly opposite the DEX competition venue.



4.4. Fitness Centre

The Fitness Centre will be located in YOV and open from 6:00-22:00. It will feature:

- A weight training area
- A cardio area / cross training
- A recovery area
- A mobility / stretching area
- Towels and water available

Free access

4.5. Sport Information Centre (SIC)

The Sports Information Centre (SIC) is in the Youth Olympic Village (YOV), in the NOC Services Building.

SERVICE	DETAILS
Schedule	From 27 th October 2026 to 13 th November 2026 – 07:00-22:00
Services	Competition Schedule, Results, General Technical information, and others critical service information.
Access	Athletes, officials, Chef de Mission



5. COMPETITION VENUE AND FACILITIES

5.1. Venue

DAKAR EXPO CENTER (DEX)		
Address	Deni Mali Gueye, Diamniadio	
Time and Distance to YOV	10 min bus drives along lane YOG 6, YOG 7 and YOG 8*	
Operation hours	• 4th to 11th November 2026 • Competition venue: three hours before the start of the competition until two hours after the end of the competition.	
Facilities	• Changing rooms • Sport Information Desk • Air Conditioning	• Athletes' Lounge • Medical services
	COMPETITION HALL – DEX - PAVILLON E & WARM-UP HALL – DEX - PAVILLON D	TRAINING HALL THE GROUND
Areas	<u>COMPETITION HALL</u> Women apparatus on 0.80 m podium: vault, uneven bars, balance beam, floor exercise Men apparatus on 0.80 m podium: floor exercise, pommel horse, rings, vault, parallel bars, horizontal bar <u>WARM-UP HALL</u> Women apparatus (counterweight): vault, 2 uneven bars, 2 balance beams, floor exercise, stretching area, FX music audio set-up. Men apparatus (counterweight): floor exercise, 2 pommel horses, rings, vault, 2 parallel bars, horizontal bar, stretching area	Women apparatus (counterweight): vault, 2 uneven bars, 2 balance beams, floor exercise, stretching area, FX music audio set-up. Men apparatus (counterweight): floor exercise, 2 pommel horses, rings, vault, 2 parallel bars, horizontal bar, stretching area
Venue capacity	900	None

*In accordance with the principles of the Youth Olympic Games, areas such as transport will be shared.



5.2. Athlete flow

Athlete Flow: Changing rooms (as needed) → Warm-up → Athlete's entry → FOP → Mixed Zone

5.3. Facilities

5.3.1. Training Area

Official training will take place at The Ground. The venue is accessible from the Youth Olympic Village and the competition venue as follows:

- **YOV → The Ground:** approximately 23 minutes by bus, using Line 7 outbound and Line 6 for the return journey.
- **The Ground → DEX:** approximately 21 minutes by bus, using Line 7 outbound and Line 6 for the return journey.

The training hall will be equipped with all required men's and women's artistic gymnastics apparatus, a stretching area and women FX music audio set-up. Training sessions will be organised to allow appropriate transition between men and women trainings.

5.3.2. Changing Rooms

At DEX, the changing rooms are located in the back-of-house, close to the warm-up and competition halls.

At The Ground, changing rooms are located next to the training hall.

5.3.3. Warm-up

The pre-competition warm-up will take place in a dedicated hall located at the Dakar Expo Centre (Hall D), in the immediate vicinity of the competition area.

This hall will be equipped with all required men's and women's artistic gymnastics apparatus (including 2 pommel horses, 2 parallel bars, 2 Uneven Bars, 2 Balance Beams, a stretching area, and women FX music audio set-up). The same official subdivisions will apply for the qualifications:

- 2 subdivisions for men's artistic gymnastics
- 3 subdivisions for women's artistic gymnastics

The warm-up hall will be used during Podium Training and Competition Days.

For operational procedures, athlete allocation and access rules, please refer to section 7.4.



5.3.4. Medical Areas and Services

Medical coverage will be provided throughout training, warm-up and competition.

Two Field of Play medical positions will be strategically located to ensure rapid access and immediate medical response across the FOP. They will be supported by a dedicated Athlete Medical Room for further assessment and treatment, as well as physiotherapy services.

Medicalised ambulances will be available on site, with transfer to designated referral hospitals and aeromedical evacuation when clinically required.

During competition, the full medical service will be operational from two hours before until one hour after competition. For training sessions, medical teams will arrive 30 minutes beforehand and will leave as soon as the session ends.

5.3.5. Athletes Lounge

In line with Youth Olympic Games principles, a shared Athletes' Lounge is located near the warm-up areas. No Athletes' Lounge will be available at the Ground.

5.3.6. Food & Beverage

Water will be available at key locations throughout the venue. Additional snacks and beverages will be provided at the Athletes' Lounge.

Please note that dining services will be available at YOV only. Breakfast, lunch and dinner.

5.3.7. Sport Information Desk

The Sport Information Desk (SID) is located directly at the competition venue in the Athletes' Lounge.

SPORT INFORMATION DESK	
Opening Hours	Warm-up: one hour before the start and one hour after the end Competition: two hours before the start and one hour after the end
Services and Information	The SID offers most of the services available at the Sports Information Centre (SIC), except training session bookings: • Up-to-date information on competition schedules. • Official communications: delays, changes, and urgent announcements. • Distribution of sport documents and bulletins issued by IFs
Access	Access is restricted to accredited people who are authorized to enter the Athletes' Lounge.
Lost and found	Lost items must be handed in to the designated office on site. The SID does not handle it.



6. TRAINING AND PODIUM TRAINING

While Official training will take place at the Ground, Official Podium Training will take place at the DEX. For the Mixed Team Final, the gymnasts will also be provided with a training period of at least one hour at the DEX, ending no later than 30 minutes before the start of the competition.

6.1. Training

Each gymnast or team will be allocated a single training session per day from 4th November 2026 to 11th November 2026, in accordance with the Training schedule made by World Gymnastics. There is no possibility of booking any training or podium training in advance.

After the Qualifications, sufficient official training sessions will be available to the qualified gymnasts and teams, as well as the designated reserves. “Open” and “free” official training sessions will also be available exclusively to gymnasts who do not advance to any Finals and to the NOC substitute (i.e., gymnast ranked above the designated reserve but excluded from the All-Around final due to NOC participation limits).

For the All-Around Final, the designated reserves will in principle be assigned to the following groups:

- Designated reserve gymnasts from an NOC with qualified gymnasts will be assigned in the same training group as the qualified gymnasts representing their NOC.
- Men designated reserve gymnasts from an NOC without qualified gymnasts will be assigned as follows:
 - designated reserve gymnast #1 and #2 will join training group #13-#18
 - designated reserve gymnast #3 will join training group #7-#12
 - designated reserve gymnast #4 will join training group #1-#6
- Women designated reserve gymnasts from an NOC without qualified gymnasts will be assigned as follows:
 - designated reserve gymnast #1 and #2 will join training group #10-#18
 - designated reserve gymnast #3 and #4 will join training group #1-#9

For the Mixed Team Final, the reserve will train on the respective apparatus in accordance with the defined schedule.



6.2. Podium Training

To ensure that the women's Floor Exercise music is played in the required order during Podium Training and competition, each NOC must submit Form 4 through the World Gymnastics online system.

Access details, including personal login and password, will be communicated directly to each participating NOC by the World Gymnastics IT Department.

FORM	PURPOSE	RESPONSIBLE PERSON	DEADLINE
Form 4	Confirmation of the Women's Floor Exercise music playing order	NOC	5 November 2026 at 10:00

6.3. Journeys

- **YOV → The Ground:** 23 minutes (Line 7 outbound, Line 6 return)
- **The Ground → DEX:** 21 minutes (Line 7 outbound, Line 6 return)



7. COMPETITION

The Dakar 2026 artistic gymnastics competition includes men's and women's events across four phases: qualification, team final, all-around final and Mixed Team final. Men compete on six apparatus: floor exercise, pommel horse, rings, vault, parallel bars and horizontal bar while women compete on four: vault, uneven bars, balance beam and floor exercise.

7.1. Transferrable Access Cards (TACs)

The World Gymnastics Accreditation Rules specify the access rights of Chefs de Mission, Team Leaders, coaches and medical staff to the Training Hall, Warm-up Hall and Competition Hall during Training, Podium Training and competition sessions.

Transferrable Access Cards will be distributed daily at the entrance to the Warm-up Hall at the beginning of each scheduled warm-up session.

Lost or stolen TACs will not be replaced.

ITEM	PROCEDURE
Distribution Point	Entrance to the Warm-up Hall
Distribution Time	At the beginning of each scheduled warm-up session
Validity	For the relevant session and access zone
Reference Document	World Gymnastics Accreditation Rules – Appendix 1

7.2. New Elements, Request to Change Apparatus Measurements, Vault Number

Where applicable, the Team Leader must submit the relevant World Gymnastics online form for:

- New elements;
- Requests to change apparatus measurements;
- Vault Numbers for the Qualifications;
- Vault Numbers for the Team Finals;
- Vault Numbers for the All-Around Finals.

A personal login and password will be communicated to each participating NOC by the World Gymnastics IT Department.



FORM	PURPOSE	RESPONSIBLE PERSON	DEADLINE
Form 2	Submission of new elements	Team Leader	Before the start of the relevant Men's or Women's Podium Training
Form 3	Request to change apparatus measurements		Before the start of the relevant Men's or Women's Podium Training
Form 5Q	Submission of Vault Numbers for the Qualifications		No later than 24 hours before the relevant Qualification session
Form 9TF	Submission of starting order and Vault Numbers for the Team Finals		No later than 24 hours before the relevant Team Final
Form 6AAF	Submission of Vault Numbers for the All-Around Finals		No later than one hour before the relevant All-Around Final

7.3. Women Floor Exercise Music

The Floor Exercise music submission procedure is as follows:

- Access the secure [ClicknClear](#) event link communicated to the NOC.
- Create an account and register the women's gymnast or gymnasts.
- Upload the Floor Exercise music.
- Provide the music licence agreement and supporting documentation, where required.
- Receive confirmation that the music has been properly licensed.

During Podium Training, NOCs will have the opportunity to verify that the music for their gymnasts is played correctly.

For technical support, contact support@clicknclear.com

PLATFORM	PURPOSE	RESPONSIBLE PERSON	DEADLINE
ClicknClear	Registration of women's gymnasts, upload of Floor Exercise music and submission of licensing documentation	NOC	No later than 3 November 2026



7.4. Warm-up Procedures

7.4.1. Warm-up Hall Access Rules

A detailed Warm-up Hall schedule will be established by World Gymnastics for all Podium Training and competition days. The schedule will be communicated to participating NOCs before each competition phase.

Access to the Warm-up Hall is restricted to athletes and accredited Team Officials authorised for the relevant competition phase.

COMPETITION PHASE	ACCESS RULE
Qualifications	Gymnasts may return to the Warm-up Hall when their competition schedule allows
Team Finals	Gymnasts may return to the Warm-up Hall when their starting order allows
All-Around Finals	Competing gymnasts may not return to the Warm-up Hall after entering the Competition Hall
Mixed Team final	Gymnasts may return to the Warm-up Hall when their starting order allows
Designated Reserves	May use the Warm-up Hall until the end of the official warm-up period, in accordance with the approved schedule
Priority	NOCs preparing for the next subdivision or competition phase always have priority
Athlete Responsibility	Athletes remain fully responsible for returning to the Competition Hall in time to perform
Departure from Warm-up Hall	Athletes must leave the Warm-up Hall 15 minutes before proceeding to the Athletes' Entrance

7.4.2. All-Around Final Reserve Allocation

CATEGORY	WARM-UP GROUP ALLOCATION
NOC substitute gymnast	Same warm-up group as the qualified gymnast or gymnasts representing the NOC
Designated reserve from an NOC with qualified gymnasts	Same warm-up group as the qualified gymnast or gymnasts representing the NOC
Men's designated reserves from NOC without qualified gymnasts	Reserves 1 and 2: Group 13–18; Reserve 3: Group 7–12; Reserve 4: Group 1–6
Women's designated reserves from an NOC without qualified gymnasts	Reserves 1 and 2: Group 10–18; Reserves 3 and 4: Group 1–9



7.5. Preparation of Apparatus

Men Provisions

General:

- At the start of the competition, coaches / gymnasts may begin preparing the apparatus as soon as the gymnasts' presentation or the march -in music starts.
- Preparation of any apparatus may be performed by coaches for the upcoming rotation upon completion of the final exercise in the current rotation and publication of the last gymnast's score on that apparatus

Qualifications:

- For preparation of any apparatus prior to an exercise (during the "touch" warm-up and competition), any FOP accredited person from the federation of the gymnasts may assist.

All-Around Final and Mixed Team Final:

- A maximum of three people (the competing gymnast, coach, and 1 other FOP accredited person) may be on the podium to prepare the apparatus. This additional gymnast or coach must exit the FOP immediately or at the very latest at the end of the gymnast's routine.

Women Provisions

General:

- At the start of the competition, coaches / gymnasts may begin preparing the apparatus as soon as the gymnasts' presentation or the march -in music starts.
- For all of subsequent rotations, coaches / gymnasts may move to the apparatus in advance and begin preparations as soon as the rotation music starts.

VT and BB (Qualifications and all the Finals):

- The accredited coaches in attendance on the FOP may prepare VT and BB

UB (Qualifications and all the Finals):

- Since 2 accredited persons may prepare the UB, if an NOC has only 1 accredited coach in attendance on the FOP, an additional gymnast, coach or medical staff may enter the FOP to assist with the preparation. Once the UB is ready, this additional gymnast, coach or medical staff must exit the FOP immediately or at the very latest by the end of the gymnast's routine.



7.6. Competition Format

During the “touch” warm-up and competitions on the FOP, gymnasts, coaches, medical staff, and judges are absolutely prohibited from using any electronic device to talk, transmit or receive messages (such as, but not limited to, mobile phones, mini-notebooks, computers) or use any camera or video device. D- Judges may use a personal computer only for their necessary judging information and to record details of exercises for their final report. Gymnasts may use an electronic device in the FOP only for the playing of personal music with headphones.

For gymnasts’ substitution or withdrawal, refer to the FIG Rules for the Youth Olympic Games Dakar 2026.

7.6.1. “Touch” Warm-up

For the Qualifications and all the Finals, a “touch” warm-up period will be granted on the FOP as follows:

- For men: 50 seconds on FX, PH, SR, HB and PB and a maximum of 2 attempts on VT
- For women: 30 seconds on FX and BB, 50 seconds on UB (including the preparation of the bars), and a maximum of 2 attempts on VT

The touch warm-up is part of the official competition procedure and takes place immediately before competition on each apparatus.

During Qualifications, each team will complete its touch warm-up and competition rotation on each apparatus according to the official working order. Individual athletes competing in mixed groups will warm up and compete as one group.

During the Team Final, the two teams assigned to the same rotation will complete their touch warm-up and compete according to the official working order.

During the All-Around Final, men will warm up and compete as one group on each apparatus. Women will warm up and compete in two groups according to the official working order.

During the Mixed Team Final, all athletes will perform their touch warm-up at the same time before the start of competition and will then compete according to the starting order of each rotation.



7.6.2. Qualifications

The Team Leader must confirm:

- The starting order of the gymnasts for each apparatus;
- The Vault Numbers;
- For individual gymnasts, whether they will compete on all apparatus.

The information must be submitted online through Form 5Q.

If an NOC does not meet the applicable deadline, the gymnasts' starting order will be determined based on their competitor numbers.

FORM	RESPONSIBLE PERSON	MEN'S DEADLINE	WOMEN'S DEADLINE
Form 5Q	Team Leader	6 th November 2026 at 10:00	7 th November 2026 at 10:00

7.6.3. Team Final

All gymnasts competing in the Team Final must attend the Gymnasts' Presentation at the start of the competition.

The top eight teams from the Qualifications will compete again on all apparatus, following the official working order.

Participation in the Team Final does not require confirmation. However, if a qualified place is declined, the Team Leader must submit the refusal online using Form 7TF.

The Team Leader must also confirm, via Form 9TF, the starting order of the gymnasts on each apparatus and the Vault Numbers.

If an NOC misses the Form 9TF deadline, the gymnasts' starting order will be determined according to their competitor numbers.

During the Team Final, gymnasts may return to the Warm-up Hall when their starting order allows. They remain fully responsible for returning to the Competition Hall in time to perform.

Medals will be awarded to the teams with the highest total scores. Two gymnasts compete on each apparatus, and both scores count.

FORM	PURPOSE	RESPONSIBLE PERSON	MEN'S DEADLINE	WOMEN'S DEADLINE
Form 7TF	Refusal of a qualified place in the Team Final	Team Leader	8 th November 2026 at 10:30	8 th November 2026 at 17:00
Form 9TF			8 th November 2026 at 10:30	8 th November 2026 at 17:00



7.6.4. All-Around Final

All gymnasts competing must attend the Gymnasts' Presentation at the start of each competition.

The top 18 gymnasts from the qualification (with a maximum of 2 gymnasts per Federation, and with 4 designated reserve gymnasts standing by), having performed on all the apparatus, compete again on all apparatus in accordance with the working order. A gymnast qualified for the All-Around Final may be substituted by another gymnast from the same NOC, as per the FIG TR Section 2, provided that the NOC substitute is ranked above the first designated reserve.

Participation in the All-Around Final does not need to be confirmed. However, any place refused or gymnast withdrawn (for qualified gymnasts, designated reserves, and NOC substitutes) must be submitted by the Chief of Mission online via Form **7AAF**, at the very latest 24 hours prior to the start of each Final as follows:

- **For men:** 9th November 2026 at 11:30
- **For women:** 9th November 2026 at 16:15

A link with a personal login and password will be sent by the World Gymnastics IT Dept. to each NOC in order to access the system.

During the All-Around Final, gymnasts are **not** authorized to leave the Competition Hall to return to the Warm-up Hall.

The highest total scores determine the medals.

7.6.5. Mixed Team Final

The 12 highest-ranked NOCs following qualification will advance to the Mixed Team Final.

Three apparatus will be used for the men: Floor Exercise (FX), Parallel Bars (PB) and Horizontal Bar (HB). Three apparatus will also be used for the women: Uneven Bars (UB), Balance Beam (BB) and Floor Exercise (FX). The same apparatus will be used during both qualification and the final.

The same male and female gymnasts will represent their team in each round of the final. Floor Exercise (FX) may not be selected by both gymnasts during the same round.

The Mixed Team Final will be contested over three rounds. Four teams will be eliminated after each of the first two rounds, reducing the field from 12 teams to eight and then to four:

Round 1: the gymnasts from each of the 12 teams will select one of the three available apparatus.

Round 2: the gymnasts from each of the eight qualified teams will select one of the two remaining apparatus.

Round 3: the gymnasts from each of the four remaining teams will compete on the final remaining apparatus.

In each round, the scores achieved by the male and female gymnasts will be combined to determine the team rankings.

Medals will be awarded to the teams achieving the highest scores in the third and final round.



FORM	PURPOSE	RESPONSIBLE PERSON	MEN'S DEADLINE	WOMEN'S DEADLINE
Form 7AAF	Refusal of a qualified place or withdrawal from the All-Around Final	Chief of Mission	9 th November 2026 at 11:30	9 th November 2026 at 16:15
Form 6AAF	Submission of the Vault Number	Team Leader	No later than one hour before the Men's Final	No later than one hour before the Women's Final

7.7. Tie break Rules

7.7.1. Qualifications for the Team Final and Team Final

In the event of a tie, the team with the highest sum of counting apparatus team scores will prevail. This is calculated by adding the five highest apparatus team scores and, if necessary, the four, three, two or one highest apparatus team scores for men, and the three highest apparatus team scores and, if necessary, the two or one highest apparatus team scores for women.

If the tie remains, the teams will share the same classification. A draw will then be conducted to determine the working order for the Team Final.

7.7.2. Qualifications for the All-Around Final and All-Around Final

In the event of a tie, the gymnast with the highest sum of final apparatus scores will prevail. This is calculated by adding the five highest final apparatus scores and, if necessary, the four, three, two or one highest final apparatus scores for men, and the three highest final apparatus scores and, if necessary, the two or one highest final apparatus scores for women.

If the tie remains, the gymnast with the highest total E-score, calculated across all apparatus, will prevail.

If the tie still remains, the gymnast with the highest total D-score, calculated across all apparatus, will prevail.

If the tie cannot be broken, the gymnasts will share the same classification. A draw will then be conducted between the tied gymnasts to determine the working order for the All-Around Final.



7.7.3. Qualifications for the Mixed Team Final

In the event of a tie, the Mixed Team with the highest sum of counting apparatus scores will prevail. This is calculated by adding the five highest apparatus scores and, if necessary, the four, three, two or one highest apparatus scores.

If the tie remains, the Mixed Team with the highest total E-score, calculated across all counting men's and women's apparatus, will prevail.

If the tie still remains, the Mixed Team with the highest total D-score, calculated across all counting men's and women's apparatus, will prevail.

If the tie cannot be broken, the Mixed Teams will share the same classification. A draw will then be conducted between the tied NOCs to determine the starting order for Round 1 of the Mixed Team Final.

7.7.4. Mixed Team Final

In the event of a tie in any round, the Mixed Team with the highest single apparatus final score will prevail.

If the tie remains, the Mixed Team with the highest total E-score, calculated across all counting men's and women's apparatus, will prevail.

If the tie still remains, the Mixed Team with the highest total D-score, calculated across all counting men's and women's apparatus, will prevail.

If the tie cannot be broken, the Mixed Teams will share the same classification. A draw will then be conducted between the tied Mixed Teams to determine the starting order for Round 2 or Round 3.

7.8. Competition Schedule

Note: this schedule is subject to change. The Online Sport Manager will serve as the official source of information and will be accessible during Games Time.

DATE	SESSION	TIME	EVENT	EVENT PHASE
05 th November 2026	GAR100	10:00 - 12:30	Men Podium Training	Podium Training
	GAR101	13:00 - 15:30	Men Podium Training	Podium Training
06 th November 2026	GAR102	10:00 - 11:45	Women Podium Training	Podium Training
	GAR103	12:00 - 13:45	Women Podium Training	Podium Training
	GAR104	14:45 - 16:30	Women Podium Training	Podium Training
07 th November 2026	GAR01	10:00 - 12:30	Men Qualification	Men's Qualification



DATE	SESSION	TIME	EVENT	EVENT PHASE
	GAR02	14:00 - 16:30	Men Qualification	Men's Qualification
08 th November 2026	GAR03	10:00 - 11:45	Women Qualification	Women's Qualification
		12:00 - 13:45	Women Qualification	Women's Qualification
	GAR04	15:15 - 17:00	Women Qualification	Women's Qualifications
09 th November 2026	GAR05	10:30 - 12:30	Men Team Final	Final
		12:40 - 12:50	Victory Ceremony Men Team Final	
	GAR06	17:00 - 18:25	Women Team Final	Final
		18:35 - 18:45	Victory Ceremony Women Team Final	
10 th November 2026	GAR07	11:30 - 13:47	Men All-Around Final	Final
		13:55 - 14:00	Victory Ceremony Men All-Around Final	
	GAR08	16:15 - 18:30	Women All-Around Final	Final
		18:40 - 18:45	Victory Ceremony Women All Around Final	
11 th Novembre 2026	GAR09	17:00 - 18:47	Mixed Team Final	Final
		18:55 - 19:05	Victory Ceremony Mixed Team Final	



7.9. Competition Procedure

7.9.1. Warm-up

Athletes must leave the warm-up area 15 minutes before proceeding to the athletes' entrance

7.9.2. Athlete Entrance

This is the final zone before reaching the FOP. Volunteers will be on hand to ensure a smooth transition between subdivisions. Coaches and medical staff will be asked to enter the FOP ahead of the gymnasts and to carry the gymnasts' bags to their first apparatus.

7.9.3. Exit from FOP/ Mixed Zone

At the end of the competition, the athletes will make their way to the designated exit and, if they wish, proceed to the mixed zone.

7.9.4. Victory Ceremony

To ensure the ceremony runs smoothly, medallists must report to the waiting area near the call area before the ceremony for a briefing.

If a medallist cannot attend, a delegation official in the official NOC uniform may represent them and must remain behind the podium.

Medallists must wear the official NOC uniform and stand on the podium. Flags, national, cultural or religious symbols, hats, sunglasses and mobile phones are not permitted.

For the Team Final, medals will be awarded to all athletes who are members of the medalling teams.

For the All-Around Final, gold, silver and bronze medals will be awarded to the top three athletes.

For the Mixed Team Final, medals will be awarded to all team members who contributed to the overall result in the qualification or final.

During the ceremony, the flags will be raised and the gold medallist's national anthem played. All participants must face the flags as a mark of respect.

RULE	REQUIREMENT
Attire	Official NOC uniform
Accessories	Glasses / caps must be removed
Personal items	Not allowed (flags, signs, etc.)
Awards	Gold, Silver, Bronze + Diplomas

Please note that all participants will receive a digital certificate.



8. REGULATIONS, UNIFORMS AND EQUIPMENT

8.1. Competition Rules and Regulations

The artistic gymnastics events will be conducted in accordance with the most recent technical rules and Regulations of World Gymnastics. For more information, please visit the official [World Gymnastics - Rules](#)

8.2. Inquiries and Revision Requests

Inquiries are permitted for the D-score only and cannot be withdrawn once submitted. Only the designated NOC Authorised Representative, who may be a coach or delegation member but not a judge, may submit an inquiry, and only for their own gymnast. Inquiries may not be submitted on behalf of another NOC. The designated NOC Authorised Representative must be present in the Inquiry Area on the FOP and remains fully and solely responsible for submitting inquiries correctly and on time. The Inquiry Officer will verify the identity of the NOC Authorised Representative and may provide guidance only.

Inquiries must be submitted using the electronic device by selecting the relevant gymnast's name within the permitted time. They must be submitted within two minutes of the score being displayed; the device will automatically block late submissions. Late or incorrectly submitted inquiries will be rejected by the President of the Superior Jury. This decision is final and cannot be appealed. Timely and correctly submitted inquiries will be reviewed by the Superior Jury President using official competition footage only. The decision will be made as quickly as possible and cannot be appealed.

Following the review, the score may be increased, reduced or remain unchanged. Inquiry fees are CHF 300 for the first inquiry, CHF 500 for the second, and CHF 1,000 for each subsequent inquiry, with no reset between competition phases. If the D-score increases, the fee is waived. If the score remains unchanged or is reduced, the fee will be charged to the NOC and transferred to the FIG Foundation for Solidarity. No on-site payments will be accepted; World Gymnastics will invoice the NOC after the event.

Rankings will become final once all inquiries have been processed and the results have been confirmed and signed by the Superior Jury President.

Requests to revise Time or Line deductions or bonuses are handled separately from inquiries and do not incur a fee. However, they must follow the same principles, procedures and deadlines as inquiries. Requests to revise other penalties are not permitted.

Further details are set out in the World Gymnastics Technical Regulations and in the Appendix to the Code of Points.



8.2.1. Invalid Results Marks (IRM)

Please refer to the Appendix to the Code of Points and to the World Gymnastic Rules for the Youth Olympic Games Dakar 2026 for details on the definitions and consequences of invalid results marks (IRM), namely “Did Not Start” (DNS), “Did Not Finish” (DNF), “0” score, “Disqualified for Breach of FIG Competition Rules” (DSQ), and “Disqualified for Serious Unsportsmanlike Behaviour” (DQB).

Special provision for the Mixed Team Final: in each round, if an athlete receives DNS on Floor Exercise, Parallel Bars or Horizontal Bar for men, but receives a score on Uneven Bars, Balance Beam or Floor Exercise for women, DNF will be recorded as the Mixed Team's total result and no ranking will be allocated. The Mixed Team may not progress to the next round, where applicable. The same provision applies in the reverse situation. In each round, if an athlete receives DNS on Floor Exercise, Parallel Bars or Horizontal Bar for men and on Uneven Bars, Balance Beam or Floor Exercise for women, DNS will be recorded as the Mixed Team's total result and no ranking will be allocated. The Mixed Team may not progress to the next round, where applicable.

8.3. Bibs

For Dakar 2026, no physical bibs will be required for GAR participants. Each gymnast will instead be provided with a card displaying their competitor's number.

8.4. Uniforms

All uniforms used by athletes must comply with the current regulations of IOC and World Gymnastics.

8.5. Competition Attire

Men's and Women's competition attire must comply with the current World Gymnastics Rules for Competition Clothing and Advertising and with the respective Code of Points.

8.6. Equipment

The training, warm-up, and competition material comply with World Gymnastics regulations. All material will be provided by Taishan.

Please refer to Appendix for the complete List of Apparatus which will be used

8.7. Safeguarding

From the event's official date of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other Delegation members) have the opportunity to contact by phone or Email a Safeguarding Officer in case of harassment and abuse of any type, as well as if they are worried or do not feel comfortable. There will be one Dakar 2026 Safeguarding Officer as well as one person from World Gymnastics (the contact details will be communicated upon arrival of the Delegations).



9. DEPARTURE

The departure procedure is designed to ensure a smooth, safe, and well-coordinated return for all delegations.

9.1. Key Steps:

STEP	DETAILS
Advance Notice	The NOC must inform the Arrivals & Departures Desk at the Village at least 48 hours before departure. * Peak departure period 5 days before.
Required Information	Total number of people, presence of oversized luggage, sports equipment, and any specific schedule constraints.

9.2. Transport Organisation

- The Transport service schedules the official shuttle buses to the airport. Shuttle schedules are communicated to the Chef de Mission.
- Athletes and delegation members must arrive on time at the designated meeting point.

9.3. At the Airport

- Accompaniment by the Arrivals & Departures team to the check-in area.
- Assistance with luggage if needed.

10. CONTACT

CONTACT	DETAILS
Name	Ndeye Khady KANE
Role	Sport Manager – Dakar 2026
Phone number	71 011 22 99
Email	Ndeyekhady.kane@dakar2026.org



11. APPENDIX - LIST OF EQUIPMENT

APPARATUS	QTY	SUPPLIER
COMPETITION HALL		
WOMEN'S ARTISTIC GYMNASTICS		
Vault	1	Taishan
Uneven Bars	1	Taishan
Balance Beam	1	Taishan
Floor Exercise	1	Taishan
MEN'S ARTISTIC GYMNASTICS		
Floor Exercise	1	Taishan
Pommel Horse	1	Taishan
Still Rings	1	Taishan
Vault	1	Taishan
Parallel Bars	1	Taishan
Horizontal Bar	1	Taishan
WARM-UP HALL		
WOMEN'S ARTISTIC GYMNASTICS		
Vault	1	Taishan
Uneven Bars	2	Taishan
Balance Beam	2	Taishan
Floor Exercise	1	Taishan
MEN'S ARTISTIC GYMNASTICS		
Floor Exercise	1	Taishan
Pommel Horse	2	Taishan



APPARATUS	QTY	SUPPLIER
Still Rings	1	Taishan
Vault	1	Taishan
Parallel Bars	2	Taishan
Horizontal Bar	1	Taishan
TRAINING HALL		
WOMEN'S ARTISTIC GYMNASTICS		
Vault	1	Taishan
Uneven Bars	2	Taishan
Balance Beam	2	Taishan
Floor Exercise	1	Taishan
MEN'S ARTISTIC GYMNASTICS		
Floor Exercise	1	Taishan
Pommel Horse	2	Taishan
Still Rings	1	Taishan
Vault	1	Taishan
Parallel Bars	2	Taishan
Horizontal Bar	1	Taishan

WORLDWIDE OLYMPIC PARTNERS



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